

# GOLDEN SANDS CHINESE RESTAURANT CATERING MENU

**\*\*IF YOUR FAVORITE ITEMS ARE NOT ON THE MENU, PLEASE  
INQUIRE OR CHECK OUR LUNCH/DINNER OR SET MENU\*\***

5010 CENTRE ST N, CALGARY, AB T2K  
0S8, CANADA  
403-455-2777  
GOLDENSANDSCALGARY@GMAIL.COM

GOLDENSANDSCALGARY.CA



# APPETIZERS

VEGETABLE SPRING ROLLS

SHRIMP SPRING ROLLS 脆皮蝦春卷

DEEP FRIED WONTONS 酥炸雲吞

GRILLED PORK DUMPLING 生煎鍋貼

HONEY GARLIC SPARERIBS 蒜子蜜汁骨

SALT & PEPPER SPARERIBS 椒鹽乾骨

DEEP FRIED CHICKEN WINGS 酥炸雞翼

DEEP FRIED SALT & PEPPER TOFU

# SOUPS

WONTON SOUP 餛飩湯

WOR WONTON SOUP 窩吞湯

HOT & SOUR SOUP 酸辣湯

SEAFOOD & TOFU THICK SOUP

FISH MAW & CRAB MEAT SOUP 生拆蟹肉魚肚羹

SEAFOOD & PUMPKIN SOUP

CHICKEN & SWEET CORN SOUP

# SEAFOOD

SALT & PEPPER SEAFOOD 椒鹽三鮮

SALT & PEPPER SQUID 椒鹽魷魚

DEEP FRIED PRAWNS WITH WALNUT 合桃蝦球

SALTY EGG YOLK PRAWNS 金沙蝦珠

PALACE STYLE PRAWNS 蝦球

PINEAPPLE SWEET & SOUR PRAWN

STIR FRY 3 KINDS OF SEAFOOD 翡翠三鮮

SCRAMBLED EGGS & PRAWN WITH BLACK TRUFFLE 黑鬆露滑蛋蝦球

STIR FRY PRAWNS WITH BLACK BEAN SAUCE 豉汁炒蝦球

DEEP FRIED FILLET WITH CREAM CORN 粟米石斑塊

FISH FILLET IN BLACK BEAN SAUCE

STIR FRIED SCALLOPS 油泡帶子

# PORK

STEAMED SALTY EGG WITH  
GROUND PORK 金沙蒸肉餅

SWEET AND SOUR PORK WITH  
PINEAPPLE 菠蘿咕嚕肉

PEKING STYLE PORK CHOP 京都肉排

STEAMED SPARERIBS IN BLACK BEAN  
SAUCE 豉汁蒸排骨

HONEY GARLIC SPARERIBS 蒜子蜜汁骨

SALT & PEPPER SPARERIBS 椒鹽乾骨

MA-PO TOFU 麻婆豆腐

DEEP FRIED SALT & PEPPER TOFU

# BEEF

PAN FRIED DICED BEEF TENDERLOIN W/  
SPICY PEPPER SAUCE 尖椒牛柳粒

GINGER BEEF 乾炒牛柳絲

BEEF TENDERLOIN IN XO SAUCE  
SEAFOOD & TOFU THICK SOUP

STIR FRIED BEEF & GREEN BEAN IN  
BLACK BEAN SAUCE 豉汁牛肉四季豆

STIR FRIED BEEF AND BROCOLLI 牛肉百  
加利

STIR FRIED BEEF AND MIXED  
VEGATABLES

# CHICKEN

LEMON CHICKEN 檸檬酥雞

STEAMED FREE RUN CHICKEN (COLD)  
1/2 CHICKEN 貴妃走地雞

CRISPY CHICKEN WITH GARLIC SLICES  
蒜香炸子雞

CHILLED CHICKEN WITH BLACK  
TRUFFLE SAUCE 黑松露撈雞

STIR FRIED CHICKEN WITH  
VEGETABLES

SPICY CHICKEN 辣子雞

KUNG PAO CHICKEN WITH PEANUTS

PINEAPPLE SWEET & SOUR CHICKEN

GINGER FRIED CHICKEN

# RICE & NOODLES

GOLDEN SANDS CHOW MEIN 招牌炒麵  
GINGER BEEF 乾炒牛柳絲

HOUSE SPECIAL SEAFOOD CHOW  
MEIN 金沙海鮮炒麵

BEEF CHOW MEIN 牛肉炒麵

CHICKEN CHOW MEIN 雞肉炒麵

PAN FRIED BEEF TENDERLOIN W/ KNIFE  
CUT NOODLES 牛柳金菇炒刀削麵

FLAT RICE NOODLES WITH BEEF 乾炒牛  
河

SINGAPORE STYLE FRIED VERMICELLI  
星洲炒米

EGG WHITE FRIED RICE WITH DRIED  
SCALLOPS 瑤柱蛋白炒飯

BEEF FRIED RICE 牛肉炒飯

CHICKEN FRIED RICE 雞炒飯

BBQ PORK FRIED RICE 叉燒炒飯

YANG ZHOU FRIED RICE 揚州炒飯

# VEGETABLES

STIR FRIED BROCCOLI IN GARLIC  
SAUCE

STIR FRIED CHINESE BROCCOL IN  
GARLIC SAUCE

STIR FRIED GREEN BEAN WITH GROUND  
PORK  
STUFFED EGGPLANT WITH MINCED  
SHRIMP

# VEGETABLES ONLY

STIR FRIED BROCCOLI IN GARLIC SAUCE

STIR FRIED CHINESE BROCCOL IN GARLIC SAUCE

STIR FRIED CHINESE BROCCOL IN GINGER SAUCE

STIR FRIED MIXED VEGETABLES

VEGETABLE SPRING ROLL

FRIED NOODLE WITH SOY SAUCE

DEEP FRIED TOFU W/ SALTED EGG YOLKS

SALT & CHILLI PEPPER TOFU

VEGETABLE FRIED RICE

STIR FRIED GREEN BEAN WITH GARLIC

**\*\*DISHES WITH MEAT CAN BE MADE VEGETARIAN IN SOME CASES. EXCEPTIONS MAY APPLY\*\***

# DRINKS

COCA COLA

DIET COKE

SPRITE

GINGER ALE

FANTA ORANGE POP

ROOT BEER

WATER

CHINESE HERBAL DRINK

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**TO PLACE A BUSINESS CATERING ORDER, PLEASE**

**CALL US AT  
403-455-2777**

**OR**

**EMAIL: [GOLDENSANDSCALGARY@GMAIL.COM](mailto:GOLDENSANDSCALGARY@GMAIL.COM)**

**OR**

**WALK IN**

**GOLDENSANDSCALGARY.CA**